

Respondent ID	Date	Age ( years old)	Gender	Role/Occupation	Years of Experience	Familiar with Biopsychosocial Model	Frequency of Use
1	1/12/2024	30	Male	Doctor	5	Yes	Frequently
2	1/12/2024	32	Female	Nurse	6	Yes	Occasionally
3	1/13/2024	27	Female	Nurse Aide	4	Yes	Occasionally
4	2/4/2024	29	Male	Doctor	7	Yes	Frequently
5	2/5/2024	31	Female	Medical Technician	4	Yes	Occasionally
6	2/6/2024	30	Male	Nurse	5	Yes	Frequently
7	2/6/2024	28	Female	Nurse	4	Yes	Occasionally
8	3/5/2024	33	Male	Medical Technician	5	Yes	Frequently
9	3/9/2024	29	Female	Nurse	3	Yes	Occasionally
10	4/10/2024	31	Male	Doctor	6	Yes	Frequently
11	4/11/2024	30	Male	Doctor	6	Yes	Frequently
12	5/22/2024	32	Female	Nurse	5	Yes	Occasionally
13	5/23/2024	27	Female	Nurse Aide	4	Yes	Occasionally
14	6/24/2024	33	Male	Doctor	7	Yes	Frequently
15	6/24/2024	29	Female	Nurse	5	Yes	Frequently
16	6/24/2024	31	Male	Medical Technician	6	Yes	Occasionally
17	6/24/2024	28	Female	Nurse	4	Yes	Frequently
18	7/8/2024	34	Male	Doctor	8	Yes	Frequently
19	7/9/2024	29	Female	Nurse Aide	3	Yes	Occasionally
20	7/10/2024	30	Female	Medical Technician	5	Yes	Frequently
21	7/11/2024	32	Female	Nurse	6	Yes	Frequently
22	7/22/2024	30	Male	Medical Technician	4	Yes	Occasionally
23	7/22/2024	29	Female	Nurse Aide	3	Yes	Occasionally
24	8/4/2024	30	Male	Doctor	7	Yes	Frequently
25	8/5/2024	28	Female	Nurse	5	Yes	Occasionally
26	8/16/2024	32	Male	Medical Technician	6	Yes	Frequently
27	8/27/2024	29	Female	Nurse Aide	4	Yes	Occasionally
28	9/2/2024	30	Female	Nurse	5	Yes	Frequently
29	9/9/2024	33	Male	Doctor	7	Yes	Frequently
30	10/30/2024	28	Female	Medical Technician	5	Yes	Occasionally
31	10/31/2024	32	Male	Nurse	6	Yes	Occasionally
32	12/10/2024	34	Female	Doctor	8	Yes	Frequently

Aspects Incorporated	Primary Focused Component	Challenges
Diagnosis; Treatment Planning	Biological	Lack of access to mental health resources
Patient Education; Communication	Psychological	Lack of time for patient education
Communication	Social	Lack of resources for mental health care
Diagnosis; Treatment Planning	Biological	Lack of mental health professionals
Diagnosis; Patient Education	Psychological	Lack of time for patient education
Patient Education; Communication	Biological	Lack of resources for mental health care
Patient Education; Communication	Social	Lack of training on biopsychosocial model
Diagnosis; Treatment Planning	Psychological	Lack of community support services
Patient Education	Social	Lack of training on the biopsychosocial model
Diagnosis; Treatment Planning	Social	Lack of mental health resources
Diagnosis; Patient Education; Treatment Planning	Psychological; Social	Lack of formal training on the biopsychosocial model
Patient Education	Social; Psychological	Limited time for patient care
Patient Education	Social	Limited access to mental health resources
Diagnosis; Patient Education	Psychological	Lack of support from administration for mental health resources
Patient Education	Social; Psychological	Lack of adequate equipment and materials
Patient Education	Biological	Lack of mental health training and resources
Patient Education	Psychological	Lack of formal education on the biopsychosocial model
Diagnosis; Patient Education	Psychological	Lack of mental health professionals
Patient Education	Social	Lack of access to training and resources for holistic care
Patient Education	Biological	Lack of support from healthcare administration
Diagnosis; Patient Education	Psychological	Lack of mental health resources
Patient Education	Biological	Lack of formal training on the biopsychosocial model
Patient Education	Social	Lack of community support for mental health
Diagnosis; Patient Education	Psychological	Lack of access to mental health training
Patient Education	Social	Lack of interdisciplinary collaboration
Patient Education	Psychological	Lack of mental health professionals in rural areas
Patient Education	Social	Lack of access to psychological resources
Diagnosis; Patient Education	Psychological	Lack of psychological training for healthcare providers
Diagnosis; Patient Education	Psychological	Lack of community-based mental health programs
Patient Education	Social	Lack of interdisciplinary collaboration
Patient Education	Social	Lack of resources for mental health care
Diagnosis; Patient Education	Psychological	Lack of adequate mental health resources

Unconventional Application	Balancing Resources
Yes	Creativity and resourcefulness
No	Collaboration with colleagues
No	Patient education and self-care
Yes	Creativity and resourcefulness
Yes	Collaboration with colleagues
Yes	Patient education and self-care
No	Creativity and resourcefulness
Yes	Collaboration with colleagues
No	Creativity and resourcefulness
Yes	Creativity and resourcefulness
Yes	Collaboration with colleagues
Yes	Creativity and resourcefulness
No	Collaboration with colleagues
Yes	Creativity and resourcefulness
Yes	Creativity and resourcefulness
No	Collaboration with colleagues
Yes	Collaboration with colleagues
Yes	Collaboration with colleagues
No	Creativity and resourcefulness
Yes	Collaboration with colleagues
Yes	Creativity and resourcefulness
Yes	Creativity and resourcefulness
No	Collaboration with colleagues
Yes	Collaboration with colleagues
Yes	Creativity and resourcefulness
Yes	Collaboration with colleagues
No	Creativity and resourcefulness
Yes	Creativity and resourcefulness
Yes	Collaboration with colleagues
No	Creativity and resourcefulness
Yes	Creativity and resourcefulness
Yes	Creativity and resourcefulness

Unconventional Approach Effectiveness	Treatment Effectiveness
Developed patient education tools to address mental health	Very effective
Worked with a psychologist to enhance patient education	Effective
Guided patients in social interactions and community resources	Effective
Developed collaborative care plans with social workers	Very effective
Worked with social workers to address patient needs	Effective
Created educational materials for patients on managing mental health	Very effective
Developed community outreach programs to address patient needs	Effective
Worked with social workers to address mental health aspects	Very effective
Worked with physicians to create holistic care plans	Effective
Developed a network of community health workers to support patient needs	Very effective
Collaborated with social workers to offer holistic patient care	Very effective
Used online tools to educate patients about holistic care	Effective
Worked with nurses and doctors to implement community-based health education	Effective
Developed a mental health awareness campaign for the clinic	Very effective
Used community resources to provide supplemental care for mental health	Effective
Worked with psychologists to help patients better understand mental health challenges	Very effective
Worked with social workers to address the psychological needs of patients	Very effective
Worked with mental health experts to create a multidisciplinary treatment plan	Very effective
Worked with nurses to provide community-based health education	Effective
Developed educational programs for healthcare workers about the biopsychosocial model	Very effective
Created patient education materials on stress management	Very effective
Collaborated with other healthcare workers to introduce a holistic care program	Effective
Developed a community outreach program for mental health awareness	Effective
Worked with psychologists to integrate mental health into patient care	Very effective
Created support groups for patients dealing with chronic illnesses	Effective
Worked with a multidisciplinary team to address psychological aspects of care	Very effective
Worked with other healthcare workers to implement a patient support group	Effective
Collaborated with psychologists to provide holistic patient education	Very effective
Developed a community mental health awareness program	Very effective
Collaborated with other healthcare professionals to offer patient education on mental health	Effective
Developed a patient support program for those with chronic illnesses	Effective
Worked with mental health specialists to develop a holistic care plan for patients	Very effective

Improved Treatment Adherence	Patient Satisfaction	Resolved Health Issues
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes
Yes	Significantly	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Somewhat higher satisfaction	Yes
Yes	Significantly	Yes

Resources Needed	Challenges Overcome	Institution Support
More training for healthcare providers; More mental health resources	Collaboration with colleagues	Some support
More interdisciplinary training; Better mental health resources	Collaboration with colleagues	Some support
More training for healthcare workers; Better community outreach programs	Collaboration with colleagues	Some support
Increased funding for mental health; Better mental health programs	Collaboration with colleagues	Some support
More mental health resources; Improved patient education	Collaboration with colleagues	Some support
More training for healthcare providers; Better community support services	Collaboration with colleagues	Some support
More training for healthcare professionals; Better mental health resources	Collaboration with colleagues	Some support
More interdisciplinary collaboration; More mental health services	Collaboration with colleagues	Some support
More interdisciplinary collaboration; More training for healthcare providers	Creativity and resourcefulness	Some support
More funding for mental health programs; More interdisciplinary training	Collaboration with colleagues	Some support
More training and resources for psychological aspects of care	Collaboration with colleagues	Some support
More resources for psychological support; Better community outreach	Collaboration with colleagues	Some support
More training for healthcare workers; Better mental health resources	Collaboration with colleagues	Some support
More funding for mental health services; Improved access to psychological care	Collaboration with colleagues	Some support
More training for healthcare providers; Better community outreach services	Creativity and resourcefulness	Some support
More training on mental health; Better community resources	Collaboration with colleagues	Some support
More training and resources for mental health services	Collaboration with colleagues	Some support
More funding for mental health services; Increased access to psychological support	Collaboration with colleagues	Some support
More training for healthcare workers; Better community support services	Collaboration with colleagues	Some support
More mental health training for healthcare professionals; Improved community support	Collaboration with colleagues	Some support
More training and resources for mental health	Collaboration with colleagues	Some support
More training on biopsychosocial model; Better mental health resources	Collaboration with colleagues	Some support
More support for mental health in communities	Collaboration with colleagues	Some support
More resources for psychological care; More training on biopsychosocial model	Collaboration with colleagues	Some support
Better community-based mental health services	Collaboration with colleagues	Some support
More training on biopsychosocial model; Better community-based resources	Collaboration with colleagues	Some support
More training for healthcare providers; Better access to mental health care	Collaboration with colleagues	Some support
More resources for mental health training	Collaboration with colleagues	Some support
Better access to psychological resources; More community outreach programs	Collaboration with colleagues	Some support
More community-based mental health support	Collaboration with colleagues	Some support
More support for mental health services	Collaboration with colleagues	Some support
More resources for mental health; More interdisciplinary training	Collaboration with colleagues	Some support

Future Outlook	Encourage Future Providers	Impact of Biopsychosocial Model	Benefits of Biopsychosocial Model
but more is needed	Yes	More government funding for mental health	Positive impact
but more is needed	Yes	More resources for mental health education	Positive impact
but more is needed	Yes	More community mental health programs	Positive impact
but more is needed	Yes	More community-based mental health programs	Positive impact
but more is needed	Yes	More community mental health programs	Positive impact
but more is needed	Yes	More funding for mental health programs	Positive impact
but more is needed	Yes	More community engagement and mental health support	Positive impact
but more is needed	Yes	More training on biopsychosocial care	Positive impact
but more is needed	Yes	More funding for healthcare education	Positive impact
but more is needed	Yes	More mental health programs in rural areas	Positive impact
but more is needed	Yes	More training on biopsychosocial model	Positive impact
but more is needed	Yes	Better access to mental health resources	Positive impact
but more is needed	Yes	More community-based health programs	Positive impact
but more is needed	Yes	Increased interdisciplinary collaboration	Positive impact
but more is needed	Yes	Improved mental health support in the community	Positive impact
but more is needed	Yes	Increased support from administration for mental health services	Positive impact
but more is needed	Yes	More community-based health programs	Positive impact
but more is needed	Yes	Increased access to mental health services	Positive impact
but more is needed	Yes	More mental health programs	Positive impact
but more is needed	Yes	Increased access to mental health services	Positive impact
but more is needed	Yes	Better access to mental health services in rural areas	Positive impact
but more is needed	Yes	More mental health resources	Positive impact
but more is needed	Yes	More training for healthcare providers	Positive impact
but more is needed	Yes	Increased mental health resources	Positive impact
but more is needed	Yes	More training for healthcare workers on biopsychosocial model	Positive impact
but more is needed	Yes	Increased mental health services	Positive impact
but more is needed	Yes	Improved patient education programs	Positive impact
but more is needed	Yes	Increased mental health training for healthcare workers	Positive impact
but more is needed	Yes	Increased community support for mental health	Positive impact
but more is needed	Yes	Increased access to mental health services	Positive impact
but more is needed	Yes	Increased mental health resources	Positive impact
but more is needed	Yes	Increased mental health care services	Positive impact

Barriers	Additional Comments
will improve patient care	Increases patient adherence and overall health outcomes
will improve patient care	Helps with holistic patient care
will improve patient care	Improves communication and adherence to treatment
will improve patient care	Increases patient adherence and satisfaction
will improve patient care	Improves patient care and treatment adherence
will improve patient care	Increases patient treatment adherence and satisfaction
will improve patient care	Improves patient satisfaction and adherence to treatment
will improve patient care	Improves patient treatment adherence and overall health outcomes
will improve patient care	Increases patient satisfaction and overall health outcomes
will improve patient care	Improves treatment adherence and patient care
will improve patient care	Improves treatment adherence and satisfaction
will improve patient care	Increases treatment adherence and overall patient well-being
will improve patient care	Helps improve treatment adherence and patient outcomes
will improve patient care	Improves treatment adherence and overall patient outcomes
will improve patient care	Helps improve treatment adherence and satisfaction
will improve patient care	Increases patient adherence and satisfaction
will improve patient care	Helps improve patient care and treatment adherence
will improve patient care	Improves treatment adherence and patient satisfaction
will improve patient care	Increases treatment adherence and overall health outcomes
will improve patient care	Improves treatment adherence and patient outcomes
will improve patient care	Improves treatment adherence and patient satisfaction
will improve patient care	Helps improve patient satisfaction and adherence
will improve patient care	Increases patient satisfaction and treatment adherence
will improve patient care	Helps improve treatment adherence and patient outcomes
will improve patient care	Helps improve patient adherence and overall health outcomes
will improve patient care	Increases patient satisfaction and adherence
will improve patient care	Increases patient adherence and overall health outcomes
will improve patient care	Helps improve treatment adherence and patient satisfaction
will improve patient care	Improves treatment adherence and patient well-being
will improve patient care	Helps improve patient adherence and overall health outcomes
will improve patient care	Helps improve patient adherence and treatment outcomes
will improve patient care	Helps improve treatment adherence and patient satisfaction

Impact on Healthcare	Supporting Resources
Limited mental health services	More funding for mental health care
Limited community support services	Need better mental health training for nurses
Limited resources for mental health care	Better community outreach for health education
Limited access to mental health services	More mental health professionals in rural areas
Lack of resources for mental health care	Need more community support for mental health services
Limited mental health resources	Increased mental health services
Limited access to mental health care	Need for more community mental health resources
Lack of mental health professionals	More interdisciplinary education for healthcare workers
Limited access to mental health services	Better training programs for healthcare workers
Limited access to mental health resources	Better mental health programs in underserved areas
Lack of formal training on biopsychosocial model	Need better access to training resources
Lack of time and resources for holistic care	Need better community mental health support
Lack of mental health resources in rural areas	Need better access to psychological support for patients
Lack of institutional support for mental health services	Need more community health programs
Limited resources for mental health services	Need more community-based resources for mental health care
Lack of resources for mental health care	Need for more mental health professionals in rural areas
Lack of formal training on the biopsychosocial model	Need more mental health training for healthcare workers
Limited access to mental health resources in rural areas	Need more community support for mental health services
Lack of training on biopsychosocial model	Need more collaborative care programs
Limited access to training resources	Need better community outreach programs
Limited access to mental health resources in rural areas	Need more mental health training for healthcare workers
Lack of mental health resources	Need better access to mental health care for patients
Lack of training on biopsychosocial model	Need more community-based mental health programs
Lack of mental health training for healthcare providers	Need better mental health resources for rural areas
Limited resources for mental health care	Need more community outreach programs
Lack of psychological support in rural areas	Need more trained mental health professionals
Limited access to psychological care for patients	Need better mental health services in rural areas
Lack of mental health services in rural areas	Need better mental health services and resources for healthcare workers
Lack of resources for mental health programs	Need better training on biopsychosocial model
Lack of community mental health resources	Need more training on biopsychosocial model for healthcare workers
Limited access to mental health services in rural areas	Need better training on biopsychosocial model
Lack of mental health training and resources	Need more support from healthcare administration

Engaging Patients	Reducing Healthcare Burden
More collaborative efforts between healthcare workers	Government policies to support mental health
More resources for patient education	Government support for nurse training
More community health resources	Increased mental health training for staff
Government initiatives to fund mental health care	More collaborative work among healthcare teams
Increase in healthcare professional training	More collaborative care efforts
Improved interdisciplinary collaboration	Increased access to mental health education
Increase funding for patient education	More interdisciplinary collaboration
More mental health training for staff	Increased community outreach programs
More resources for interdisciplinary teams	Improved communication between healthcare providers
More training for healthcare workers	Increased community support services
More interdisciplinary collaboration needed	More comprehensive care for mental health in rural areas
Increased mental health training for healthcare workers	Better interdisciplinary collaboration for healthcare
More focus on mental health education for healthcare workers	Better interdisciplinary collaboration in rural areas
Better funding for mental health services	Increased interdisciplinary care for patients
Better interdisciplinary collaboration for holistic care	Increase mental health resources for healthcare workers
Better mental health services in underserved areas	More collaboration between healthcare workers
Better interdisciplinary collaboration for holistic care	Increased mental health programs in underserved areas
Better funding for mental health programs	More mental health support in rural areas
More funding for mental health services	Improved interdisciplinary collaboration
More collaboration between healthcare providers	Increased training on biopsychosocial model
More community-based mental health programs	Better interdisciplinary care for rural patients
Increased focus on interdisciplinary collaboration	Improved community outreach for mental health care
Better interdisciplinary care for holistic patient management	Increased support for community mental health initiatives
More interdisciplinary care for holistic health	Increased funding for mental health care programs
Improved interdisciplinary care for patients	Increased mental health education for healthcare workers
Improved mental health services in underserved areas	More resources for holistic patient care
More interdisciplinary care for mental health and social support	Better mental health resources for healthcare providers
More resources for psychological care in rural areas	Better interdisciplinary care for patients
More community support for mental health initiatives	Increased mental health resources in underserved areas
More resources for mental health education	Better community-based mental health services
Improved interdisciplinary care	More time for patient consultations
Increased mental health training for healthcare professionals	Better support for rural healthcare systems

Long-term Changes
More funding for training programs
Time constraints are an issue
Time constraints during consultations
Lack of time for comprehensive care
Time constraints during consultations
Time management challenges
Time constraints on consultations
Time constraints during patient visits
Limited time for patient care
Time limitations during patient consultations
Increased support for mental health services in the community
More time allocated for patient care
Time constraints during consultations
More time allocated for patient care
Time constraints for consultations
Time limitations during consultations
More time allocated for patient care
Time constraints during consultations
Limited time for consultations
Limited consultation time
Increased time for consultations
More time for patient education
Time limitations for patient consultations
Time constraints in consultations
Limited time for consultations
Time constraints during consultations
Time limitations during consultations
Time constraints in patient care
Time limitations during consultations
Time constraints for patient education
More community outreach for mental health services
Limited time for patient consultations